

Welcome to The IRMACS Centre & Simon Fraser University

SFU

The Cornerstone Building Food



Bamboo Garden

Mon - Fri 10:00 am - 8:00 pm
Sat 11:00 am - 8:00 pm
Sunday - Closed
604.298.9869

Booster Juice

Mon - Fri 8:00 am - 7:00 pm
Sat 11:00 am - 4:00 pm
Sunday - Closed
604.568.2979

Club Ilia

Mon - Sat 11:00 am - 10:00 pm
Sunday - Closed
604.568.4993

Donair Town

Mon - Thu 10:00 am - 8:00 pm
Fri 10:00 am - 7:00 pm
Sat 10:00 am - 4:00 pm
Sunday - Closed
604.298.8188

Himalayan Peak

Mon - Fri 11:00 am - 9:00 pm
Sat 12:00 pm - 7:00 pm
Sunday - Closed
604.205.9069

Ichibankan Express

Mon - Fri 10:30 am - 9:00 pm
Sat 12:00 pm to 7:00 pm
Sunday - Closed
604.291.2982

Nature's Garden

Mon - Thu 7:00 am - 7:00 pm
Fri 7:00 am - 6:00 pm
Sunday - Closed
604.299.0552

Nesters Market

Mon - Fri 8:00 am - 9:00 pm
Sat - Sun 9:00 am - 9:00 pm
604.298.1807

Pearl Fever Tea House

604.569.2011

Plum Garden Noodle House

604.299.9813

Pizza Point

Mon - Thur 9:30 am - 8:00 pm
Fri 9:30 am - 3:00 pm
Sat & Sun - Closed
604.299.6446

Renaissance Coffee

Mon - Fri 6:00 am - 10:00 pm
Sat & Sun 8:00 am - 10:00 pm
604.205.5854

Spicy Stone

Mon - Fri 10:00 am - 7:00 pm
Sat & Sun - Closed
604.299.3663

Subway

Mon - Thurs 6:30 am - 4:00 pm
Fri - 9:30 am - 3:00 pm
Sat & Sun - Closed
604.205.5854

The Cornerstone Building Services

Azzi Hair Studio -

Mon - Wed/Sat 10:00 am - 6:00 pm
Thurs - Fri 9:00 am - 7:00 pm
Sun 12:00 pm - 5:00 pm
604.291.7227

Cornerstone Printing

Mon - Thurs 9:30 am - 6:30 pm
Fri 9:30 am - 5:30 pm
Sat 12:00 pm - 5:00 pm
Sun - Closed
604.568.3929

Canada Post Outlet

Nester's Market
Mon - Sat
9:00 am - Closing times vary
Sun - Closed
604.298.1807

Scotiabank

604.294.6862

SFU Dental Centre

Mon/Wed-Sat 9:00 am - 5:00 pm
Tues 9:00 am - 9:00 pm
Sun - Closed
604.267.3368

Your Dollar Store with More

Mon - Fri 9:30 am - 7:30 pm
Sat 10:00 am - 6:00 pm
Sun - Closed

SFU

Food and Services

Bennett Library

Located across from Maggie Benston

Mon - Thu 8:00 am - 11:45 pm
Fri 8:00 am - 8:00 pm
Sat & Sun 10:00 am - 10:00 pm

The Highland Pub

10000 Level Maggie Benston
Mon - Fri 11:00 am - 11:00 pm
Sat & Sun - Closed
778.782.3492

Quad Books

9000 Level Maggie Benston
Mon - Fri 9:00 am - 4:00 pm
Sat & Sun - Closed

Recreational Services

Fitness Centre & Pool
Mon - Fri 7:00 am - 9:00 pm
Sat 10:00 am - 3:00 pm
Sun - Closed
Located in the Chancellors Gym on the first floor. There are many different types of equipment available for use. Drop in and have a wander through the recreational facilities.

Simon Fraser University Bookstore

9000 Level Maggie Benston
Mon - Thurs 9:00 am - 4:30 pm
Fri 9:30 am - 4:30 pm
Sat & Sun - Closed

Tim Hortons

2nd Floor West Mall Centre
Mon - Fri 8:00 - 3:00 pm
Sat & Sun - Closed

Transit

Transit loops are located at either end of the campus. Schedules are available from the Bennett Library, the Quad Bookstore and SFU Student Services.

White Spot Triple O's

Mon - Thurs 9:00 am - 3:00 pm
Fri 9:00 am - 2:00 pm



TRIP GUIDE



Some suggestions for quick trips off the mountain . . .

Mountain Shadow Pub

604.291.9322

Mon - Thurs 10:00 am - Midnight

Fri - Sun 10:00 am - 1:00 am

Take Bus #135. Get off the bus at Duthie, turn right and walk north on Duthie for one block. Good food and good spot to watch a game or two.

Burnaby Mountain Park

Burnaby Mountain Park is located within walking distance of the campus. Trails start by Visitor North Parking. Ask at our reception desk for directions.

Horizons Restaurant

604.299.1155

Mon - Sat 11:30 am - 2:00 pm

Sun Brunch 11:00 am - 2:00 pm

Mon - Sat from 5:00 pm till close.

This Burnaby Mountain Park restaurant offers fine dining with a spectacular view. Call to make reservations.

Restaurants on Hastings

Bus #135: Burrard Station

There are many different kinds of restaurants located on Hastings Street. If you take the bus west, down to Willingdon and get off, there are five blocks of amazing restaurants from coffee shops to fine dining.

Lougheed Town Centre (East of the Campus)

Bus #145: Production Station & transfer to SkyTrain

Mon & Tue 10 am - 6 pm

Wed - Fri 10 am - 9 pm

Sat 9:30 am - 6:00 pm

Sun & Holidays 11 am - 6 pm

Taxi Companies

Louis (SFU Special): 604.808.8655

Coquitlam/Belair 604.524.1111

Bonny's Taxi 604.435.6655

Yellow Cab 604.681.1111

SkyTrain Tour

If you would like to go shopping to the local malls or go to Vancouver, take bus #145 to Production Station where you will transfer to either an East or Westbound Millennium Line train.

On the Eastbound train, you can travel one stop to Lougheed Mall, five stops to Westminster Quay and approximately 10 to Metrotown Shopping Centre. Take the train to the end of the line to reach downtown Vancouver.

The Westbound train goes to Vancouver, passing Brentwood Mall and continuing to Commercial Drive. Transferring to the westbound Expo Line will take you to Downtown Vancouver.

If you continue all the way to Waterfront Station, you can transfer to the Seabus for a short ferry trip across to Lonsdale Quay in North Vancouver.

If you would like more tourism information please stop by our reception desk